



Broomfield  
House School

## Childline

Online, or on the phone anytime

[childline.org.uk](https://www.childline.org.uk) 0800 1111

In an Emergency call 999

## School Safeguarding Team



## Safe Adults

There are lots of responsible adults, who will help you with your worries. For example, you can talk to:

- Parents
- Teachers
- The office team
- Club coaches
- Doctors and nurses

# Feeling worried?



## Write it down

If it's hard to talk about your worry, you can write it in a note and give it to a teacher, another safe adult, or put it in a worry box.

## Speak to us

*Talk to a school adult.*

If you or someone you know has a worry, tell a safe grown-up. It might be your teacher or another adult at school. You can always ask a friend to help you talk to them.